# High-Quality Work-Based Learning Opportunities in Virginia

High-Quality Work-Based Learning comprises experiences related to students' career interests based on instructional preparation and take place in partnership with local businesses or organizations. HQWBL enables students to apply classroom instruction in a real-world work environment. HQWBL promotes the following:

- Career awareness
- Career exploration
- Career preparation

HQWBL Experience	Suggested Grade Levels	Related CTE Instruction	Training Agreement	Training Plan	Minimum Duration	Paid Option	Credit Option	Meets Graduation Requirement	CCCRI
Job Shadowing	6-12	✓	✓		Varies by type				
Service Learning	6-12	✓	✓		Varies by type			✓	✓
Mentorship	6-12	<b>✓</b>	<b>√</b>		Course duration or 140 hours for .5 credit option		✓	(at least 140 hours)	√ (at least 140 hours)
Externship	6-12	<b>√</b>	<b>√</b>		40 hours			(at least 40 hours)	√ (at least 40 hours)
School-Based Enterprise	6-12	<b>✓</b>	<b>√</b>		Course duration	<b>√</b>		<b>√</b>	<b>√</b>
Internship	11-12	✓	<b>√</b>	✓	Course duration or 280 hours for 1 credit option	✓	✓	✓	✓
Entrepreneurship	11-12	<b>√</b>	✓	✓	Course duration or 280 hours for 1 credit option	<b>√</b>	<b>√</b>	✓	✓
Clinical Experience	11-12	✓	✓		Varies by type			✓	✓
Cooperative Education	11-12	<b>√</b>	<b>√</b>	<b>√</b>	280 hours for 1 credit option	<b>√</b>	<b>√</b>	✓	✓
Youth Registered Apprenticeship	11-12	<b>√</b>	<b>√</b>		280 hours for 1 credit option	✓	<b>√</b>	✓	✓
Registered Apprenticeship	11-12	<b>√</b>	<b>√</b>		144 hours RTI per 2,000 hours OJT	<b>√</b>		✓	✓
SAE (Immersion)	9-12	<b>√</b>	✓	<b>√</b>	280 hours for 1 credit option	✓	<b>√</b>	✓	✓

There are 12 HQWBL experiences offered in Virginia. This summary page offers a quick checklist guide for each experience.

## **High-Quality Work-Based Learning (HQWBL)**

Career and Technical Education High Quality Work-Based Learning Guide is based on the redesigned methods of instruction effective August 4, 2022. This implementation guide focuses on the 12 types of HQWBL methods of instruction used in Virginia; job shadowing, service learning, mentorship, externship, school-based enterprise, internship, entrepreneurship, clinical experience, cooperative education, youth registered apprenticeship, registered apprenticeship, and supervised agricultural experience, along with opportunities for students to earn one credit toward graduation in addition to any credit earned through the associated CTE course in cooperative education, internship, entrepreneurship, youth registered apprenticeship, and supervised agricultural experience for completing 280 hours of work experience and one-half credit for 140 hours of work experience in mentorship. It includes Virginia regulations and guidelines for the administration of HQWBL and provides resources for Work-Based Learning coordinators. School divisions should use this guide to implement HQWBL offerings locally.

DOE HQWBL Main Contacts: Please reach out to the contact in your region to discuss how to be more involved.

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